TAF WELLNESS BREAKOUT DISCUSSION BRIEF

TAF UBUNTU 2026 ANNUAL GATHERING, 28 November 2026

THE AFRICAN FEDERATION

Annual theme: Creating Our Common Future • 28 November 2026 • 45-minute breakout
Purpose: Review three possible initiatives and select ONE primary initiative to advance during 2027. This brief is both advance reading for participants and the live facilitator guide.

1. Background and rationale

Health and wellbeing are essential to Africa's social and economic future. Communities face gaps in preventive health information, timely diagnosis, access to qualified care and locally available health products. Maternal and newborn health needs remain urgent, while noncommunicable diseases require sustained attention. Needs differ by country; responses must be locally appropriate and led by qualified partners.

TAF Wellness can connect Country Chapters, healthcare professionals, universities and established service providers. Its realistic 2027 contribution is to convene, share knowledge, develop partnerships and support achievable partner-led activities—not to operate clinical services or manufacturing facilities.

2. Three proposed initiatives for 2027

Option A - Community Health Capacity and Prevention

Strengthen prevention, health literacy and connections to qualified services through professional collaboration, community health workforce learning and referral-system knowledge exchange. Possible activities: identify interested Chapters and qualified partners; compare workforce and referral needs; share professionally reviewed resources; and consider small, supervised partner-led pilots. Cardiometabolic health, including diabetes and cardiovascular risk awareness, could provide an initial focus.

Option B - Maternal, Newborn and Child Health

Support locally led efforts to improve reliable antenatal and postnatal information, risk awareness and connections to qualified maternal and child health providers. Possible activities: identify priority gaps with TAF Chapters and local clinicians, adapt trusted education materials and facilitate referral partnerships.

Option C - African Health Innovation and Local Production

Connect African researchers, healthcare institutions and enterprises working on diagnostics, scientifically validated nutraceuticals, medical supplies and other health innovations. A feasible first step would map capabilities, quality requirements and credible research or industry partners rather than finance production.

3. Building on emerging African health workforce initiatives

TAF Wellness could contribute continental knowledge exchange, professional connections and learning for possible future regional adaptation. Licensed providers would supervise clinical work.

4. How participants should evaluate the options

Consider: (1) health relevance and community-defined need; (2) interest and expertise among TAF Chapters; (3) credible qualified partners and safeguards; (4) achievable outputs with limited resources; and (5) a clear contribution that TAF can make without duplicating other institutions. Participants may propose a stronger alternative and should select ONE primary initiative.

5. Live breakout session | 45-minute facilitator agenda

0 - 5 min	Welcome; explain objectives and three options.
5 -15 min	Discuss options; select one 2027 priority (or a better alternative).
15 - 30 min	Define the problem, intended participants, feasible activities and measurable first result.
30 - 40 min	Agree provisional lead, volunteers, interested Chapters, qualified partners and next steps.
40 - 45 min	Confirm commitments and prepare a three-minute plenary report-back.

6. Ubuntu in Action | 2027 commitment record

Selected initiative / objective:

Provisional lead and volunteers:

Interested Chapters and prospective partners:

First deliverable and target date:

Next follow-up meeting / date:

Measure(s) of progress for November 2027:

7. Three-minute plenary report-back

Report the selected initiative, why it was chosen, the first achievable deliverable, who has volunteered to lead or contribute, and when the group will next meet. Any partner involvement, funding or clinical activities remain subject to separate confirmation and appropriate safeguards.